

Following the Real Jesus

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Saturday, February 6, 2021
Colossians 1:9-14; Matthew 3:13-17; Luke 12:50;
Matthew 4:1-11; 1 John 3:19-20

⁹ Because of this, since the day we heard about you, we have continued praying for you, asking God that you will know fully what he wants. We pray that you will also have great wisdom and understanding in spiritual things Colossians 1:9

¹⁰ so that you will live the kind of life that honors and pleases the Lord in every way. You will produce fruit in every good work and grow in the knowledge of God. Colossians 1:10

¹¹ God will strengthen you with his own great power so that you will not give up when troubles come, but you will be patient. Colossians 1:11

¹² And you will joyfully give thanks to the Father who has made you able to have a share in all that he has prepared for his people in the kingdom of light. Colossians 1:12

¹³ God has freed us from the power of darkness, and he brought us into the kingdom of his dear Son. ¹⁴ The Son paid for our sins, and in him we have forgiveness. Colossians 1:13-14

Following the Real Jesus: Baptism and Temptation

¹³ At that time Jesus came from Galilee to the Jordan River and wanted John to baptize him. ¹⁴ But John tried to stop him, saying, "Why do you come to me to be baptized? I need to be baptized by you!" Matthew 3:13-14

¹⁵ Jesus answered, "Let it be this way for now. We should do all things that are God's will." So John agreed to baptize Jesus. Matthew 3:15

Water doesn't wash away sin. Jesus is baptized to be a substitute.

¹⁶ As soon as Jesus was baptized, he came up out of the water. Then heaven opened, and he saw God's Spirit coming down on him like a dove. Matthew 3:16

¹⁷ And a voice from heaven said, "This is my Son, whom I love, and I am very pleased with him." Matthew 3:17

⁵⁰ I have a baptism to suffer through, and I feel very troubled until it is over. Luke 12:50

His obedience displays God's pleasure; Reveals his true identity.

^{3:17} And a voice from heaven said, "This is my Son, whom I love, and I am very pleased with him."

^{4:1} Then the Spirit led Jesus into the desert to be tempted by the devil. Matthew 3:17-4:1

Then is "therefore." The baptism and temptation are not separate events. The Spirit is leading!

Godly growth is followed by satanic challenge. The voice of Heaven is followed by the voice of Hell. Evil is a war with Good.

² Jesus fasted for forty days and nights. After this, he was very hungry. ^{3a} The devil came to Jesus to tempt him," Matthew 4:2-3a

Evil has a name, power, and intelligence. This is how he attacks!

³ The devil came to Jesus to tempt him, saying, "If you are the Son of God, tell these rocks to become bread." Matthew 4:3

⁴ Jesus answered, "It is written in the Scriptures, 'A person lives not on bread alone, but by everything God says.'" Matthew 4:4

God just said, "this is my son, whom I love."

Jesus always responds with God's word. Jesus has objective truth to fight Satanic lies.

¹⁹ This is the way we know that we belong to the way of truth. ²⁰ When our hearts make us feel guilty, we can still have peace before God. God is greater than our hearts, and he knows everything. 1 John 3:19–20

⁵ Then the devil led Jesus to the holy city of Jerusalem and put him on a high place of the Temple. ⁶ The devil said, "If you are the Son of God, jump down, because it is written in the Scriptures: 'He has put his angels in charge of you. They will catch you in their hands so that you will not hit your foot on a rock.'" Matthew 4:5-6

⁷ Jesus answered him, "It also says in the Scriptures, 'Do not test the Lord your God.'" Matthew 4:7

⁸ Then the devil led Jesus to the top of a very high mountain and showed him all the kingdoms of the world and all their splendor. ⁹ The devil said, "If you will bow down and worship me, I will give you all these things." Matthew 4:8-9

You can have the reward without the sacrifice.

No cross required if you only want to be worshipped.

Don't be their substitute.

Be an example for them to follow.

You have to be good enough. VS I will be good enough for you.

¹⁰ Jesus said to the devil, "Go away from me, Satan! It is written in the Scriptures, 'You must worship the Lord your God and serve only him.'" ¹¹ So the devil left Jesus, and angels came and took care of him. Matthew 4:10-11

HOMWORK: IDENTIFYING FALSE BELIEFS

Check each of the following false beliefs you identify with or you tell yourself.

- | | |
|--|---|
| <input type="checkbox"/> 1. I must be in control to be safe, secure, or significant. | <input type="checkbox"/> 15. My loved ones must change for me to be content and at peace. |
| <input type="checkbox"/> 2. I must please other people to be loved or accepted. | <input type="checkbox"/> 16. Other people must meet my needs. |
| <input type="checkbox"/> 3. I must overcome and make it; I must be tough and independent to survive. | <input type="checkbox"/> 17. I must get revenge on those who have wronged me. |
| <input type="checkbox"/> 4. To be safe and secure, I must be guarded and not risk intimacy. | <input type="checkbox"/> 18. I must be protected to know I am safe and secure. |
| <input type="checkbox"/> 5. Emotions always represent truth. | <input type="checkbox"/> 19. I must have the approval of other people to know I am of value. Their opinions of me determine my worth. |
| <input type="checkbox"/> 6. For me to be content, life must be fair. | <input type="checkbox"/> 20. I must be in a relationship or married to be satisfied, secure, or significant. |
| <input type="checkbox"/> 7. I am unworthy of love or acceptance. | <input type="checkbox"/> 21. If I follow the Lord, life will be hard. |
| <input type="checkbox"/> 8. I must be right to be significant or to know I am of value. | <input type="checkbox"/> 22. I am a victim. |
| <input type="checkbox"/> 9. I must be heard to know I am of value. | <input type="checkbox"/> 23. My past determines who I am. |
| <input type="checkbox"/> 10. I cannot be okay or at peace if those around me are not okay. | <input type="checkbox"/> 24. I must meet certain standards to love, accept, and feel good about myself. |
| <input type="checkbox"/> 11. I deserve special treatment from other people. | <input type="checkbox"/> 25. I must have a child to fill my emptiness. |
| <input type="checkbox"/> 12. I must have respect to know I am of value. | <input type="checkbox"/> 26. I must figure out my future to be secure. |
| <input type="checkbox"/> 13. I must perform/achieve to be accepted. | <input type="checkbox"/> 27. I can't handle this. |
| <input type="checkbox"/> 14. What I do makes me who I am. | |



- 28. I must be appreciated to know I am of value.
- 29. I do not measure up.
- 30. I'm worthless. I will never amount to anything.
- 31. I am responsible for the happiness of other people, and they are responsible for mine.
- 32. I must fix problems to know I am secure.
- 33. In order to feel worthy, I must not fail.
- 34. I must be the best to know that I am of value.
- 35. I must get my way to be satisfied and content.
- 36. I must earn love.
- 37. Real men do not show they need help.
- 38. I cannot be happy unless my circumstances change.
- 39. I must be understood to have peace and contentment.
- 40. I cannot allow other people to see my flaws. I must be perfect to know I am of value and to be secure.
- 41. The shame of my past is my fault, and I am to blame for the consequences of it.
- 42. I am who I am. I shouldn't have to change.
- 43. I deserve what I have. I worked hard for it.
- 44. I must prove myself to know my worth.
- 45. I must take care of myself.
- 46. Others cannot be trusted.
- 47. I must protect my reputation to feel valued.

Do you have a false belief that is not listed above?
If so, write it out here.

Our false beliefs influence our behaviors and emotions and can ultimately affect our relationship with God. Over the next few weeks, we will explore the correlation between your false beliefs and behaviors and see how God is able to transform you.